



PICA PRE-ORDER PERENNIAL SALE 2018



Welcome to the PICA Plant Sale! The annual plant sale supports the efforts of Power in Community Alliances, based in Bangor. For more than 30 years PICA has been building grassroots community alliances to confront global problems of economic justice, human and worker rights and address the effects of the global economy on our own lives. For more information, you can email us at elleng@pica.ws or fraw@zwi.net.

These perennials are organically grown by Peter and Julie Beckford of Rebel Hill Farm, which has recently moved to Liberty, Maine from Clifton. The plants are field grown, over-wintered, well rooted, and hardy. Gardeners' choices in plants matter a lot to wildlife and the surrounding natural areas. Many of our plants are natives, meaning that they were growing in Central or Eastern North America prior to European settlement. Plants native to Maine are noted as such. All plants are MOFGA certified organic.

1. Ajuga reptans (Bugleweed) 'Bronze Beauty' 3-6" / blue / dark leaves
The deep purple or mahogany leaves are as striking as the blue flowers that arise from them.
2. NEW Amsonia rigida (Stiff Bluestar) 2'/blue/May/sun/long-lived
This spring bloomer is a reliable friend in our garden. Compact and very hardy.
3. NEW Amsonia tabernaemontana (Bluestar) 3'/light blue/late spring/bushy/native
A popular long-lived perennial with clusters of ethereal blue flowers. Foliage remains perfect until it turns yellow and orange in fall. Nectar source of mourning cloaks and other early butterflies.
4. Anemone canadensis (Meadow Anemone) MAINE 2'/white cups/ spring/best in sun.
Independent attitude- spreads quickly, tons of bright, white flowers in early summer, and perfect for filling untended areas.
5. Aquilegia (columbine) Mrs. Scott Elliott 3' / pastels / long-spurred / June-July
How nice! A memorial to the breeder's wife. This strain is even older than the famous McKana.
6. Aruncus dioicus (Goatsbeard) 3-6' / creamy white plumes/ early summer/partial sun to shade.
Will grow to shrub size after dying back to its crown every year.
7. NEW Asclepias incarnata (Swamp Milkweed) 2-3'/rose-pink/sun, pt shade/wet-dry/Maine
One of the showiest milkweeds, this native has flat bright flower heads on tall stems. It does not spread.
8. NEW Asclepias tuberosa (Butterfly Weed) 1-2'/orange/summer/doesn't spread/native
Clearly, butterflies find the orange-red blossoms stunning. We do too. Not as hardy as the Maine natives.
9. Asclepias syriaca (Common Milkweed) MAINE 2-4' /pink and green/ summer / spreads
Exquisite, complex flowers and an excellent nectar plant. Its leaves are the only food for monarch caterpillars.
10. Coreopsis lanceolata (Sand Coreopsis) 18-30" / golden yellow / early summer
A tough, vigorous prairie plant with many cheery yellow flowers. Excellent, clump-forming perennial, adapted to sandy, dry soil. Extremely hardy; long-lived and bushy.
11. Echinacea purpurea (Purple Coneflower) 2-3' /pink-dark rose/sun
Native to prairies, this is the classic robust cottage garden plant and well-known medicinal.
12. Echinacea purpurea 'White Swan' (Coneflower) 2-3' /white/sun
Part and parcel of diversity, these white forms pop up once in a great while, get selected and make the pinks pinkier.
13. Echinacea tenesseeensis (Tennessee coneflower) 12-24" / pink / July - October / endangered
This coneflower is a rare endemic species native to Tennessee. We love the varying hues of pink to almost red and purple, with petals that often curl. Blooms as late as September. From cultivated, organic seed.
14. Helenium autumnale (Helen's flower) 4' / yellow / fall / sun
This was blooming on the edge of the Penobscot River, just beyond an area that was weed-whacked in the 'clean-up' effort for the National Folk Festival. Lucky plant!
15. Helianthus giganteus (Giant Sunflower) 6-8'/yellow disk and rays/fall/dry-wet
A towering, large leaved native sunflower that clumps but does not run or seed in.
16. Helianthus mollis (Downy Sunflower) 3-5'/yellow/soft leaves/August-September
We like this for its downy leaves, relative shortness, and reluctance to spread like prairie fire.
17. Heliopsis helianthoides (Early Sunflower) 3-5'/golden/summer.
This rugged plant can take lots of exposure and will not give in to heat and rough winds, blooming all the while.
18. NEW Iris cristata (Dwarf Crested Iris) 6-8" /purple-yellow/sun-shade
This cute, mat-forming iris isn't picky about moisture or sun/shade and divides easily. What's not to like?

19. Lavandula (lavender) 'Munstead' 12-16" / blue / July-August
Lovely dried, this most aromatic of herbs retains its scent forever. Crush a few dried stalks once in a while to be reminded of summer.
20. NEW Lobelia cardinalis (Cardinal Flower) 18-24"/scarlet/sun/wet areas/August/MAINE
As the name suggests, it stands alone when it comes to the color red. Plants may appear small upon delivery but they will grow fast, especially if kept moist in rich soil.
21. Lobelia syphilitica (Great Blue Lobelia) MAINE 18-24"/blue/Aug-Sept.
No easier perennial, lobelia seeds in profusely and bursts into bloom with many blue stalks.
22. Monarda bradburnia (Bee Balm) 1-2'/pink-lavender/June
Much earlier, shorter, mildew resistant, with glossy maroon leaves in fall; all-NEW native bee balm!
23. Monarda didyma (Bee Balm, 'Panorama Mix' cultivar) 4'/lavender, magenta, purple, white/June
Bees, butterflies and hummingbirds meet here. Uncommon colors, no telling what you'll get.
24. NEW Monarda didyma "Bob's Red" (Bee Balm) 3-4'/ large red / sun, pt shade / June-July
We love listing great finds from PICA gardeners, and this is from Bob Littlefield's sweet garden. It spreads and divides easily, and has the largest bee balm blossoms we've ever seen. Thanks Bob!
25. Monarda fistulosa (wild bergamot) 2-4' / pink/lavender / July -Sept / sun to part shade
This tough native bee balm tolerates deer and drought.
26. Papaver bracteatum 'Great Scarlet' or 'Iranian' 4' / deer resistant / early summer / sun
A relative of the familiar oriental poppy, but taller and with larger flowers.
27. Papaver orientale Pizzicato Mix' 18-24" / pink to scarlet mix with black eye / sun
Winner of the Fleuroselect Gold Medal for 1995, this vigorous, compact poppy produces up to 20 huge flowers per plant.
28. Papaver orientale 'Prince of Orange' 2-3'/orange/May-June
These big showy petals will knock your socks off. Once established, plants will get huge.
29. NEW Papaver rupifragum (Spanish Poppy) 'Tangerine Gem' /18"/light orange/many doubles
This delicate poppy has 2-3" flowers that wave above light green foliage. Not long lived, but seeds in.
30. Phlox stolonifera YOUR CHOICE of 'Pink Ridge', or 'Blue Ridge' (Creeping Phlox) PA south 6-10"/late spring/sun, part shade
We promote this faster spreading ground cover as the "other creeping phlox." It blooms later than phlox subulata, with larger blossoms held 6-8" over the foliage. Please note color choice.
31. Physostegia virginiana (Obedient Plant) MAINE 3'/pink/Sept-October
Spreads slowly to make a nice stand of light pink, obedient flowers.
32. Polygonatum odoratum (European Solomon's Seal) 18-30"/ arching, hanging white bells/ attracts hummingbirds/
Shade plant extraordinaire, this Solomon's Seal will slowly mass in an area, to the exclusion of all else. You often see it up against houses where it easily covers foundations. We love its graceful arch and delicate bells.
33. Pycnanthemum virginianum (Mountain Mint) MAINE 1-3'/white with purple dots/late summer
Small white flowers bloom in fall amongst dense, aromatic foliage.
34. Rhubarb -- Good ol' rhubarb, with all the benefits of a good ol' pie. Wait a year or two to begin harvesting. Keep weed free and feed it an annual mulch of compost. Its gigantic, glossy leaves and tall flower stalks are quite architectural. Rhubarb was cultivated for medicinal purposes in China as early as 2700 BCE.
35. Rudbeckia fulgida 'Goldsturm' (coneflower) 24" / golden / July / sun
The only reliably hardy perennial form of rudbeckia we've found. Bright golden flowers with dark centers, and plenty of them.
36. Rudbeckia laciniata (Wild Golden Glow) MAINE 5-8'/yellow, green disk/summer
A woodchuck taught us that the very early, fresh shoots taste like celery. Makes a tall patch, spreads quickly. Maine's version of the prairie helianthus.
37. NEW Salvia azurea (Blue Sage) 2-3'/light blue/fall/sun/native
One of our favorite late bloomers, also loved by the last bumble bees. The flowers are a striking blue and large for a sage. Slow to emerge in spring.
38. Solidago juncea (Early Goldenrod) MAINE 3'/late July/dry is fine.
Let the goldenrod promenade begin! This is the opening act for the extravaganza of nineteen Maine goldenrods. Not aggressive.
39. Symphoricarpos novae-angliae (NEW England Aster) MAINE 2-6'/ purple, pink/fall/sun.
The late bees rely on NEW England Asters to brighten their last fall days.
40. Viola sororia (blue violet) – beloved spring flower that appears in lawns and will self-seed.

SPECIALS – top quality Maine natives! These are trickier to propagate so we ask a little more, \$11/plant.

41. Onoclea sensibilis (Sensitive Fern) 1-2' / spreads / part shade

Easy to grow, spreads quickly, and is a light green that glows in dappled sunlight. Once established, it can form a solid mass of broad fern leaves. It is both rugged (can tolerate occasional mowing) and sensitive (to the first light frost).

42. Rubus odoratus (Purple Flowering Raspberry) 3-6' / deep rose purple / showy flowers / shrub / part shade

So showy it's hard to believe it's a native Mainer! The flowers look like wild roses, nearly 2 inches wide, and have a shimmering satiny texture. The foliage is also nice, like large fuzzy maple leaves. It spreads but doesn't form a thicket, and there are no thorns. Reportedly it has fruit, but we've never noticed any.

43. Sanguinaria canadensis (Bloodroot)

Bloodroot is the earliest spring ephemeral – i.e., it blooms in the sun, before trees leaf out above it. The milky white flowers are an astonishing sight in late April, all the more valued because they remain just a few days. Then the round-lobed leaves take over to make an excellent groundcover. It will spread, but slowly. The common name of this charming plant comes from the red sap in the flowering stems.

MEDICINAL AND CULINARY HERBS

- A. Catmint (*Nepeta mussinii*)
- B. Catnip (*Nepeta cataria*)
- C. Comfrey (*Symphytum officinale*)
- D. Horehound (*Marrubium vulgare*)
- E. Hyssop Chives
- F. Lavender (*Lavandula 'Munstead'*)
- G. Lemon Balm (*Melissa officinalis*)
- H. Marshmallow (*Althea officinalis*)
- I. Nettles, Stinging (*Urtica dioica*)
- J. Oregano, True Greek (*Origanum heracleoticum*)
- K. Thyme, German (*Thymus vulgaris*)
- L. Yarrow, white (*Achillea millefolium*)

IMPORTANT DETAILS

PRICES: One Plant for \$10, 4 plants for \$9 each, 10 or more plants for \$8.00 each. Specials -- \$11 each (not included in multiple discounts).

PAYMENT: due on delivery.

DEADLINE: Please have your order to your PICA contact by May 1.

PICKUP: Your order will be available for pick up from your PICA contact the week of May 13-19.

RELAX: these plants are delivered in pots, labeled, and raring to grow. Most are in gallon-size or six-inch containers. They are not bare-root, and will be fine in their pots until you're ready to garden.

GUARANTEE: if any plant you buy doesn't survive its first summer, or you are less than satisfied in any way, please let Julie and Pete at Rebel Hill Farm know, and they will set things right; (207) 589-3023.

To research plants, visit the native plant database at: www.wildflower.org

